# Swimming Instructors and Lifeguards Leadership Path

The City of Cambridge offers the following courses and training, through the <u>Life Saving Society</u>, at local pool facilities for youth to become a Swimming Instructor or Lifeguard.

#### **Initial Courses**

Bronze Star
Prerequisite: None

Bronze Medallion & Emergency First Aid with CPR-B Prerequisite: Bronze Star or age 13

Bronze Cross & Standard First Aid Prerequisite: Bronze Medallion

### **Swimming Instructor Courses**

Assistant Instructor
Prerequisite: Bronze Cross and age 14

Lifesaving & Swim Instructor
Prerequisite: Bronze Cross or
National Lifeguard and age 15

## **Lifeguard Courses**

Standard First Aid with CPR-C & AED

National Lifeguard - Pool
Prerequisite: Bronze Cross and Standard
First Aid and age 15

# Register today! www.cambridge.ca/coral

#### Please consider the following

- There is a mandatory 100% attendance.
- It is the responsibility of candidates to ensure they have the correct prerequisites for the course and they must be shown to the Instructor on the first class. No refunds will be given if prerequisites are not met.
- First Aid prerequisite for all courses must be from one of the following providers: Lifesaving Society, St Johns Ambulance, Canadian Ski Patrol or Canadian Red Cross.
- Refunds and credits withdrawals five business days or less before the start of the course will receive no refund due to the third-party costs.



